



FUEL UP HEALTHY, GO!

NORTHERN NEVADA
Public Health

Nutrition Curriculum



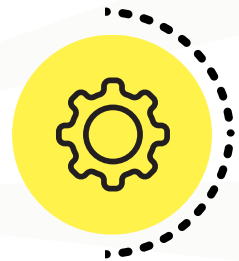
Grade: K-2

Grade: 3-5

1

OVERVIEW

Each lesson can be taught in a single 20-30 minute session.



2

CURRICULUM

Presentation slides and a lesson script are included for each lesson. Lesson plans build off each other and is recommended to be delivered in order.



3

ADDITIONAL RESOURCES

Additional resources are posted on the website to support learning and family engagement.

