

Foodborne Illness Exclusion and Restriction Guidelines

Employees Must Report to Person in Charge (PIC)

Employees are required to report any symptoms or diagnosed illnesses that are transmissible through food to the person-in-charge (PIC). Necessary information may be obtained regarding the date symptoms began and if the food employee has been diagnosed with a food related illness to reduce the risk of transmitting foodborne diseases.

Symptoms

Symptoms	Exclusion/Restriction	Lifting Exclusion/Restriction Status
Vomiting	Exclude	When the food employee has been symptom free for at least 24 hours without the aid of medication or provides written medical release/fitness for duty*.
Diarrhea	Exclude	When the food employee has been symptom free for at least 24 hours without the aid of medication or provides written medical release/fitness for duty*.
Jaundice	Exclude	When the food employee has been jaundiced for more than 7 calendar days or provides written medical release/fitness for duty*.
Sore throat with fever	Restrict	When the food employee has been fever free for 24 hours without the use of medication, or when the food employee provides written medical release/fitness for duty*.
Exposed infected wounds/boils	Restrict	When the infected wound or boil is properly covered.

Diagnosed Illness (symptomatic and asymptomatic)

If a food employee has a diagnosed illness (symptomatic or asymptomatic), the PIC must report to the local Health Authority.

Diagnosis	Exclusion/Restriction	Lifting Exclusion/Restriction Status
Norovirus	Exclude	When the PIC obtains approval from the Health Authority and the food employee has been symptom free for more than 48 hours or provides written medical release/fitness for duty*.
E.coli	Exclude	When the PIC obtains approval from the Health Authority and the food employee has been symptom free for more than 7 calendar days or provides written medical release/fitness for duty*.
Shigella	Exclude	When the PIC obtains approval from the Health Authority and the food employee has been symptom free for more than 7 calendar days or provides written medical release/fitness for duty*.
Hepatitis A	Exclude	When the PIC obtains approval from the Health Authority and the food employee has been jaundiced for more than 7 calendar days or provides written medical release/fitness for duty*.
Salmonella (nontyphoidal)	Exclude	When the PIC obtains approval from the Health Authority and more than 30 days have passed since the food employee was diagnosed or a written medical release/fitness for duty* is provided.
Typhoid fever (caused by Salmonella Typhi)	Exclude	When PIC obtains approval from the Health Authority and the food employee provides written medical release/fitness for duty*.

*Medical release does not supersede exclusion timeframes, unless it specifically states that symptoms are the result of a non-communicable disease.

Exclusion – a food employee is not permitted to work in or enter a food establishment as a food employee. This requirement applies to areas where food is received, prepared, stored, packaged, served, vended, transported, or purchased.

Restriction – a food employee’s activities are limited to prevent the risk of transmitting disease that is transmissible through food. A restricted employee cannot work with exposed food, clean equipment, utensils, linens, or unwrapped single-service or single-use articles.